



**Hillingdon
Neighbourhood
Watch**

www.hillingdonnhw.co.uk
Email: all@hillingtonnhw.co.uk



Police Non Emergency: 101
Crimestoppers: 0800 555 111

Action Fraud: 0300 123 2040
www.actionfraud.police.uk

March-April 2022

**Hillingdon
Neighbourhood Watch**
is supported by
Hillingdon Community Trust
and the
**London Borough of
Hillingdon**

Keep in Touch
We are based at:
Manor Farm House, Manor
Farm Complex,
Eastcote Road, Ruislip,
HA4 8BD

Co-ordinators and
neighbours, please keep in
contact via email:
all@hillingtonnhw.co.uk

Our website also contains
further information on topics
in this newsletter
www.hillingdonnhw.co.uk

Barnhill	020 8721 2554
Botwell	020 8721 2757
Brunel	020 8721 2551
Cavendish	020 8721 2550
Charville	020 8721 2552
E'cote & ERuis	020 8721 2548
Harefield	020 8721 2544
Heathrow Vill	020 8721 2557
Hillingdon E	020 7161 8171
Ickenham	020 8721 2543
Manor	020 8721 2549
Northwood	020 8721 2545
Northwood Hills	020 8721 2546
Pinkwell	020 8721 2556
South Ruislip	020 8721 2011
Townfield	07843 291091
Uxbridge North	020 7161 8170
Uxbridge South	07717 733782
West Drayton	020 8721 2018
West Ruislip	020 8721 2547
Yeading	07766 991019
Viewsley	020 8721 2713

NEIGHBOURHOOD WATCH

For the first time since its departure from Ruislip Police Station in August 2019, **HNW's Office** is now **OPEN** to visitors **in its new location** on **FRIDAYS** between **1000 and 1230** (except on Good Friday, 15 April). The size of our new accommodation means that we have to operate an appointments system. To book an appointment please contact our office using the following dedicated email address: all@hillingtonnhw.co.uk

As the tragic case of Sarah Everard's murder continues to hit the headlines, it is appropriate that we repeat the **personal safety** advice given in this newsletter exactly one year ago:

- **Prepare** – think how you are getting there and back and remember to **tell someone** where you are going, who you are going with and when you expect to return.
- **Avoid risks and be aware** – keep looking and listening to what is going on around you. Try not to change plans at the last minute, but **tell someone**, if you do.
- **Never take safety for granted – trust your instincts** – if you feel that something is wrong, it makes sense to avoid it.
- **Avoid short cuts through dark places** – keep away from odd and out-of-the way places, wherever you can.
- **Cross the road** if you see people you don't feel comfortable about and be aware of who is around you when you are out and about.
- **Walk** in the middle of the pavement, facing the traffic, so that cars cannot follow you.
- **Mobile phones, MP3 players and laptops** are attractive to thieves, so be careful where you use them. **Be aware** of what is happening around you if you do use them.
- **Cover up expensive jewellery and wear your bag across your body so that it opens on the side facing your body. You are an easy target to street robbers if you leave your bag on your shoulder.**
- **Carry** emergency phone numbers, your mobile, small change, a credit card and your house keys **in your pocket.**
- **Look confident** – look as though you know where you are going.

Finally, new initiatives have been developed by the Police – **StreetSafe, Ask for Angela** , more information about which can be found via www.met.police.uk

Bicycle use is being encouraged by the Government as an alternative to public transport, but how does one keep one's bike safe from theft when it is parked in public places? Here are some hints:

- **Always lock** your bicycle, even if leaving it for just a few minutes. Use a hardened steel D-shaped lock which is recommended as the minimum lock standard. Check out Sold Secure for certified locks or ask your local bike shop.
- **Lock** your bike to an **immovable object** – a bike rack or ground anchors. Thieves can remove drainpipes and lift bikes off signposts.
- Secure **removeable parts**, lock both wheels and frame together.
- **Avoid isolated places** - leave your bike where it can be seen.
- Record and **register** your bike with www.bikeregister.com
- Take out **insurance**, either by extending your home insurance or through a separate policy – cycling organisations and bike shops may offer specialist cover.

Residential burglary
figures for Month
Ending as shown –
figures extracted
from the MPS Crime
Data Dashboard

	Dec 2021	Jan 2022	Feb 2022
Barnhill	5	5	5
Botwell	8	8	7
Brunel	5	4	5
Cavendish	3	1	1
Charville	5	1	2
E'cote & E.Ruislip	2	6	2
Harefield	1	1	1
Heathrow Villages	11	3	6
Hillingdon East	3	3	2
Ickenham	13	2	5
Manor	2	1	2
Northwood	1	3	9
Northwood Hills	4	7	2
Pinkwell	4	7	8
South Ruislip	0	3	0
Townfield	2	8	5
Uxbridge North	6	5	3
Uxbridge South	4	5	6
West Drayton	5	3	3
West Ruislip	4	4	2
Yeading	1	3	5
Yiewsley	6	3	2
TOTALS	95	86	83

We have been informed of a recent spate of **thefts from residential garages**, hence this reminder about the importance of securing your outbuildings, i.e. garages and sheds, which often contain valuable items. Here is the advice:

- **Metal up-and-over garage doors** can be secured with additional purpose-made locks fitted to either side approximately 300mm from the floor, to reduce leverage points. An external floor-mounted solid steel locking 'T' bar, with a closed shackle padlock, will offer a good visual deterrent and make it difficult to force the door open.
- **Wooden garage double doors** can be secured with two substantial hasps and staples and closed shackle padlocks, one towards the top and one towards the bottom.
- **Garage side or rear doors** can be secured with British Standard 5-lever mortice locks and two internal mortice rack bolts, one towards the top and one towards the bottom to reduce leverage points.
- **Shed doors** can be secured with two substantial hasps and staples and two closed shackles or padlocks on the outside, one towards and top and one towards the bottom. External hinge screws should be replaced with one-way clutch head screws to prevent them being removed and access gained this way.
- **Garage and shed windows** can be secured with internal diamond mesh grilles, which provide a good visual deterrent to opportunist burglaries.
- **Windows** can be obscured with self-adhesive frosted plastic.

Should the worst happen, the **contents of your outbuildings** should also be securely stowed:

- **Garden tools and ladders** should be secured by wrapping a substantial chain around them and then padlocking them to an eyebolt which has been secured to the floor or wall. This will prevent them from being stolen and used to break into the house.
- **Tools and garden implements** should be **visibly property marked** with the postcode and house/flat name/number to deter theft and assist the Police in identifying the rightful owner, if found.

WELCOME to recently created watches: Ashbourne Square (Northwood), Long Lane Farm (Ickenham), Tangmere Close including Barrett Place, part of Churchill Road, Debden Place and Kenley Place (Uxbridge North), Windsor Gardens (Pinkwell)

OWL, used by the Police and NHW to send out crime alerts and crime prevention advice directly to residents, now has **over 16,800 members** on Hillingdon alone. It is the **only** secure communications system in the UK that is Police approved under the "Secured by Design" scheme. We invite **YOU** to sign up to OWL **today** at: www.owl.co.uk – and if you're already on OWL please tell your neighbours.

If you are already registered as a member of NHW on OWL, and you have a CCTV system that you have not registered with us, you can help the police by joining **CCTV Watch**. Tell us about your CCTV system at hillingdoncctv@gmail.com - the police will then be able to see where CCTV systems are located if a crime takes place near you!

And finally, if you are a business owner, why not join our brand new **Business Watch** by signing up at www.owl.co.uk and selecting



BE AN ACTIVE GOOD NEIGHBOUR,
BE ON WATCH AND
BE ON A WATCH!